# **Minnesota State University Moorhead**

# **PSY 261: Personality**

#### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3
Lab Hours/Week: 0
OJT Hours/Week: \*.\*

Prerequisites:

This course requires the following prerequisite

PSY 113 - General Psychology

Corequisites: None MnTC Goals: None

Introduction to the study/explanation of human behavior, motivation and conflict emphasizing personality as viewed by a variety of theorists.

### B. COURSE EFFECTIVE DATES: 06/01/1995 - Present

#### C. OUTLINE OF MAJOR CONTENT AREAS

- 1. What is personality?
- 2. Personality Research Methods.
- 3. The Psychoanalytic Approach: Freudian Theory, Application, and Assessment.
- 4. The Freudian Approach: Relevant Research.
- 5. The Psychoanalytic Approach: Neo-Freudian Theory, Application, and Assessment.
- 6. The Neo-Freudian Theories: Relevant Research.
- 7. The Trait Approach: Theory, Application, and Assessment.
- 8. The Trait Approach: Relevant Research.
- 9. The Biological Approach: Theory, Application, and Assessment.
- 10. The Biological Approach: Relevant Research.
- 11. The Humanistic Approach: Theory, Application, and Assessment.
- 12. The Humanistic Approach: Relevant Research.
- 13. The Behavioral/Social Learning Approach: Theory, Application, and Assessment.
- 14. The Behavioral/Social Learning Approach: Relevant Research.
- 15. The Cognitive Approach: Theory, Application, and Assessment.
- 16. The Cognitive Approach: Relevant Research.

#### **D. LEARNING OUTCOMES (General)**

- 1. Understand the nature, development, and examination of theory in the study of personality.
- 2. Learn about the assumptions and difficulties which apply when studying personality.
- 3. Develop the ability to distinguish among various categories of personality theory.
- 4. Develop a working knowledge of concepts and vocabulary developed by various personality theorists.
- 5. Develop knowledge of various personality styles for self and others.

Version 3.1.4 Page 1 of 2 05/15/2024 07:56 PM

# E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted

05/15/2024 07:56 PM Version 3.1.4 Page 2 of 2