# Minnesota State University Moorhead

# **HSAD 401: Health Aspects of Aging**

# A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to provide an understanding about adult development and aging. The purpose of the course is both to provide a general introduction to the field of gerontology and specific focus on some aspects of aging and behavior.

#### **B. COURSE EFFECTIVE DATES:** 08/25/2015 - Present

#### C. OUTLINE OF MAJOR CONTENT AREAS

# **D. LEARNING OUTCOMES (General)**

- 1. To have an understanding of the development of adults in a variety of contexts including the physical, mental, and social.
- 2. To have an understanding of the needs and challenges of the aging population.
- 3. To have an understanding of the process of aging in the development context.

# E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

# F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

#### G. SPECIAL INFORMATION

None noted

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