Psychology college to career major map



Career Development Center

1ST YEAR	2ND YEAR	3RD YEAR	4TH OR FINAL YEAR
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Academics

Start taking LASC courses as well as foundational and core **Psychology**

Need a little help in your classes? Look into tutoring with the Academic **Support Center.**

Take a deeper dive into the discipline of **Psychology** and begin considering a minor such as **Sociology** or Gerontology.

Explore a faculty-mentored research opportunity

In addition to working with your advisor to get your access code, schedule an appointment with them to ensure you're on track for graduation.

Take inventory of your professional goals and decide if your future will need to include graduate school. If so, take the necessary exams and keep track of application timelines.

Participate in the **Student Academic Conference** to showcase research, connect with employers, and to boost vour resume.

Ensure you submit your application for graduation on time.

On-Campus Experience

Sign up to participate in the Psychology **Learning Community.**

Join a major-related student organization like the Psychology Club.

Participate in **Student Life Pathways** to continue growing your skills/knowledge outside of the classroom. We recommend starting with the Community Life Pathway.

Find an on-campus or part-time job in the community. Visit **DragonJobs** powered by Handshake to see positions are open.

Continue working on your **Student Life** Pathways. Try working your way through the Personal Wellness and the Equity and Inclusion paths.

Begin your leadership journey by applying for a student leadership position or run for an officer position in a student organization. Find available leadership positions on **DragonJobs** in early spring.

We suggest focusing on the **Professional Success and Contribution and Influence Student Life Pathways.** These will help connect you to potential employers and develop skills for success postgraduation.

Assess what experiences or skills are areas of growth for you and fill in gaps with volunteering, organizations, or part-time employment.

Finish up your pathways and be sure to add your accomplishments to your LinkedIn and resume.

Connect to the Community

Volunteer on or off-campus with different community organizations such as Sanford Health, YWCA, Lutheran Social **Services of MN. or Lakes & Prairies Community Action Partnership.**

Join **LinkedIn** to begin building your professional network and online presence. Think of your profile as a virtual resume and make sure to update it regularly to reflect new jobs, research, coursework, volunteering, involvement, and skills.

Consider participating in the **Red River Psychology Conference.** The conference attracts undergraduate students, graduate students, and faculty from the tri-college community, as well as surrounding colleges, professional schools, and research institutions. Students can assist in organizing and running a conference, and present their research.

Join professional organizations such as the American Psychology Association to gain access to research, continuing building your professional network.

education opportunities, and job boards. Get involved in a community organization such as the Young **Professionals Network** to continue

Understand Your Career

Explore your interests, skills, and values and learn about the career readiness competencies by taking the FOCUS 2, an online assessment free for all MSUM students.

Schedule an appointment with the **Career Development Center** to review your FOCUS 2 results and to begin building your resume.

Start researching potential career paths on O*Net or the Occupational Outlook Handbook, Here, you will be able to find valuable information such as typical tasks associated with the profession, skills, and knowledge needed, education and licensures needed, wages and employment trends, professional organizations, and related occupations. We suggest you search for careers such as Social and Community Service Managers.

Attend professional developmentrelated events on-campus, and connect with faculty to learn more about the field and gain insights on how to be successful in your job search.

Find an internship or part-time job with a local or regional organization to learn the ins and outs of your chosen career. Before applying, schedule an appointment with the Career **Development Center** to help you prepare.

Network relentlessly! Attend the spring Career Fairs to get connected to employers looking to hire soon-to-be grads. Check **DragonCentral** for more information.

Schedule appointments with a Career Coach to go over your professional documents and to prepare for upcoming interviews. And remember, once a dragon always a dragon. You have access to these services for life.

Where can you go?

A degree in **Psychology** can take your career in many directions. Most students choose to enter the workforce right after graduation while others continue their education. Our students are equipped with a strong foundation for a career as a(n):

- Behavioral analyst
- Business consultant
- Community relations director
- Correctional case worker
- Crisis intervention specialist
- Employee relations manager
- Group home coordinator
- Human resources

professional **What skills will you** need?

To be successful in the world of **Psychology** you will need the following skills:

- decision making
- detail orientated
- interpersonal
- analytical thinking communication
- critical-thinking
- managerial
- time-management

Thankfully, through coursework, on-campus involvement, part-time employment, and internships, you will be prepared for life postgraduation.

This page is interactive. Click on the color-coded phrases to be taken to a correlating website. This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Schedule an appointment with a Career Coach to discuss your individual goals and to create a personalized map.